

World Autism Awareness Month – April 2019

Embrace Neurodiversity



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a;sa
autism south africa

Welcome to your How To Guide on creating awareness and acceptance of autism.

“Firstly I love the artistic side of this drawing.

It actually blends nicely in with the theme "Similar but Different".

If I can refer back to psychological theme of neurodiversity: "It is the range of differences /variations of an individual's brain functioning and behaviour traits."

The advantages:

I think it looks beautiful and represents diversity (all cultures).

Secondly: Young children on the spectrum, and I believe parents and teachers, will actually associate themselves with this.

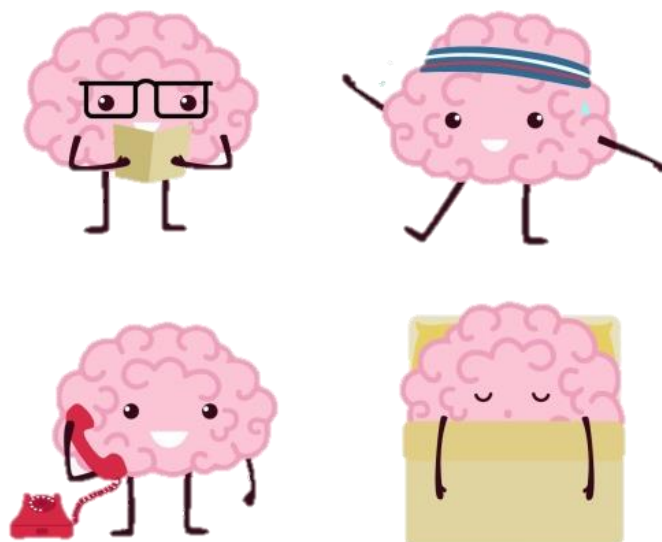
It will serve a great purpose👑”

-Emile Gouws, Autistic Adult, pursuing his PHD in Psychology;
NEC member of the Autism South Africa Board.

What is Neurodiversity, and why should we embrace it?

Neurodiversity is the idea that people have different brains – they think and process the world differently. Neurodiversity advocates for the idea that being neurodivergent does not mean something bad, and it is also not something good – rather it is just a difference.

Some of the labels we see when talking about neurodiversity might include; ADHD, Autism, Bipolar, Schizophrenia, Dyslexic and Typical. Many autistic activists will advocate for neurodiversity – a world where autism is accepted as a different way of thinking and isn't seen to be a disorder.



Why should we embrace neurodiversity?

Just as we should embrace diversity of race, religion, class and other human attributes, we should also embrace different ways of thinking. It is only through embracing diversity that we can create acceptance, and make the world a better place – having people who think differently in our places of work, and social settings will only benefit all of society.

Easy Ways to Raise Awareness and Create Acceptance

1. Take part in one of our walks:

- ▶ We have our annual JHB Zoo Walk – 17 March 2019
- ▶ East London – Date TBC
- ▶ Durban – Date TBC
- ▶ Limpopo – Date TBC

2. Complete our fun online quiz – challenge your friends and family to see who can get the best result! And then, share your results with us.

3. Print out a copy of the poster and stick it up at your place of work, on your community notice board or even on your car window

4. Meet and get to know autistic people – the true experts on autism

Help us Fundraise

- ▶ Get families and friends to sponsor your walk and donate the money to Autism South Africa
- ▶ Start a bake sale at school or in your community – you can have fun creating a rainbow spectrum cake
- ▶ Donate directly to Autism South Africa – you can do this via EFT, Payfast on our website or Zapper
- ▶ Purchase branded merchandise from Autism South Africa





World Autism
Awareness
Month 2019

What will you do for Autism Awareness and Acceptance in April?

Join us at one of our walks

Take Our Autism Quiz

Purchase merchandise to show your support

Learn about Neurodiversity



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www.aut2know.co.za | 011 484 9909 | info@autismsouthafrica.org

Thank you for your interest in Autism South Africa's
Autism Awareness Month, April 2019.

To confirm your participation, please email or fax:
admin@autismsouthafrica.org or 011 484 3171

Contact Information

Name:

Contact Number:

Email Address:

Organisation:

Facebook Page:

Instagram Handle:

Twitter Handle:

Physical Address for Delivery:
Address:

City:

Province:

Postal Code:

Please tell us how you will be
raising awareness and
creating acceptance

- _____ x Kiddies T- Shirts @ R70.00 Each ____ x 5-6 ____ x 7-8 ____ x 9-10 ____ x 11-12 = R _____
- _____ x T- Shirts @ R90.00 Each ____ x S ____ x M ____ x L = R _____
- _____ x XL ____ x XXL ____ x XXL = R _____
- _____ x Coffee Mugs @ R50.00 each = R _____
- _____ x Water Bottles @ R20.00 each = R _____



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